Session 1 – The ‘Art’ of Preventing Immediate Jeopardies
This session will provide a full ‘palette’ of tips and techniques for the prevention of Immediate Jeopardy deficiencies. Assessment tools and samples will be presented to assist facility staff with challenging IJ issues such as Notification of change, Resident-to-resident altercations, and Elopement. ‘Brush up’ on your IJ prevention strategies with this practical information.
Presenter: Janine Lehman, RN, WCC, RAC-CT, CLNC®
Director of Clinical Services
Wells Health Systems
Owensboro, KY

Session 2 – Compassion Meets Compliance: How Person Centered Technology Can Help You Keep up with the New Regulations
The regulatory world is beginning to demand person-centered compliance in multiple ways. New F-tags tie into individualized and dignified activity programming, and MDS 3.0 insists on creative ways to hear the resident’s voice. This presentation, geared towards non-technical individuals, will demonstrate multiple examples of how person centered technology, delivered through adaptive computer systems, can help you be in compliance.
Presenter: Jack York
It’s Never 2 Late
Centennial, CO

Session 3 – MOST: Medical Orders for Scope of Treatment (MOST): A Proposal for a New Advance Directive for Kentuckians
This session will provide a brief review of Advance Directives in Kentucky and the potential of adding MOST documents. There will be case studies and how MOST empowers the goals of having care conversations, along with what is next for MOST in Kentucky.
Presenter: Salli E. Whisman, MD
Senior Hospice Medical Director
Hospice of the Bluegrass
Lexington, KY

Session 4 – OMRAs and Updates
Much confusion still exists regarding when to complete certain Other Medicare Required Assessments (OMRAs) and what effect they have on the billing process. This session will review the latest information on the “rules” for completion of these unscheduled assessments and the financial implications for when they are missed or completed in an untimely manner. Facility strategies for assessment management and scheduling will be explored, in addition to the most recent clarifications and updates from CMS regarding RAI completion, PPS system, and policy changes.
Presenter: Deborah Lake
Supervising Consultant
BKD, LLP
Fort Wayne, IN

Session 5 – Managing the Blended Workforce: New Strategies for Recruitment and Retention
Without question, the long term care workforce is becoming increasingly diverse. While historically dominated by the baby-boom generation, the average age of the long term care worker is declining. This new and blended workforce requires a revised employee recruitment and retention strategy that appeals to generations young and old. This session will explore methods of staff retention as well as the use of technology and social media to attract and retain the next generation of workers in order to develop and implement strategies that appeal to all audiences.
Presenter: Brian Dimit
Industry Marketing Director
Point Click Care
Mississauga, ON

Session 6 – A Kick in the Attitude
Sponsored by: Cull & Hayden, PSC
Our attitude is like a battery that loses its positive charge with daily activities, job responsibilities and not to mention the unexpected challenges that happen daily. Sometimes we just need to re-charge and refocus. Sam Glenn provides the ideal kick off with this entertaining, humorous and insightful presentation. Expect to walk away with insights into Why Humor is Essential to a Positive Attitude, How to Create Positive Interpretations of Adversities and Why Our Attitude is the Best Tool for Optimal Communication. Sam will share his personal story from a down-and-out, negative janitor working nights and sleeping on borrowed floor space to his transformation of achieving success and happiness through his attitude.
Presenter: Sam Glenn
The Attitude Guy
Celina, OH
Session 7 – Considerations for Reducing and Eliminating Antipsychotics in Elderly Nursing Home Residents with Dementia
Presenter: Jennifer Church, R.Ph., Clinical Manager
Omnicare Pharmacy
Louisville, KY

Session 8 – Updates on Medicare and the Affordable Care Act – The Sequel
The implementation deadline for many provisions of the ACA affecting skilled nursing providers is drawing closer by the day, and Medicare continues to change and evolve as a program. In this session, we will provide the “latest” updates going on with Medicare, and review those elements of the ACA that providers need to assure are in place by 2013.
Presenter: Robert Lane
Managing Consultant
BKD, LLP
Oklahoma City, OK

Wednesday, November 14
8:30 A.M. – 11:00 A.M.

Kick-Off Membership Meeting and Second General Session
Sponsored by: Omnicare Pharmacies
As part of our second general session, KAHCF members will gather to hear updates on the work of the Association is doing on behalf of its members, followed by Dr. Daniel Sheridan, a national leader in forensic nursing and who has more than 25 years of clinical experience working with residents who have experienced physical, sexual and emotional abuse.

Session 9 – Preventing Elder Abuse and Neglect: From the Top Down and Bottom Up
In this session, attendees will learn cost-effective methods to develop “forensic nurse” experts within management and direct care nursing staff to improve a facility’s prevention strategies, assessment, documentation and interventions around elder abuse and neglect. An online elder abuse and training modules created by the presenter in collaboration with the New England Maine Geriatric Center will be highlighted. Attendees will learn techniques to train their staff to improve written and photographic documentation of resident injuries in the medical record that are objective and unbiased, thus protecting not only the resident but the facility.
Presenter: Daniel J. Sheridan, PhD, RN, FNE-A, SANE-A, FAAN
Associate Professor
Johns Hopkins University, School of Nursing
Baltimore, MD

Session 10 – Pediatric Abusive Head Trauma, also known as “Shaken Baby Syndrome”
(must attend both session 10 and 15 to receive certificate of completion)
Recent legislation passed in Kentucky requires training on the recognition, intervention and prevention of Pediatric Abusive Head Trauma, or “Shaken Baby Syndrome.” This presentation will fulfill the training requirements mandated by House Bill 285.
Presenter: Erika G. Janes, RN, Coordinator
Safe Kids Louisville & Jefferson County
A program led by Kosair Children’s Hospital
Louisville, KY

Session 11 – When Injuries Speak: Forensic Investigation and Documentation of Abuse, Neglect, and Falls (Part 1)
Attendees will learn techniques for improving their forensic documentation, both written and photographic, of resident possible abuse and neglect related injuries. An overview of contributors to falls will be presented as well as techniques to differentiate and document witnessed falls from being found down. Basic forensic terminology will be presented in a format immediately useful. A series of instructive injury slides will be shown to demonstrate patterned injuries and injuries in various stages of healing.
Presenter: Daniel J. Sheridan, PhD, RN, FNE-A, SANE-A, FAAN
Associate Professor
Johns Hopkins University, School of Nursing
Baltimore, MD

Session 12 – QAPI in Long Term Care: A Primer for Upcoming Changes
Under the Affordable Care Act, nursing facilities will soon be required to develop and implement Quality Assurance and Performance Improvement (QAPI) programs, which will expand upon the foundation, established by existing quality assessment and assurance (QAA) programs. While final regulations regarding QAPI programs have not yet been established, this presentation will prepare nursing facilities for the upcoming implementation of the initiative, as well as discuss the outcomes of the prototype program. The five elements of a QAPI program will be discussed, as well as the main areas of focus CMS will initially target.
Presenter: David Bufford, Attorney
Hall Render Killian Heath and Lyman, PSC
Louisville, KY

Session 13 – Caregiver’s Wound Care and the MDS
Regulations state that residents entering facilities without pressure sores will not develop them unless they were unavoidable, and those residents with pressure sores will receive treatment that promotes healing, prevents infection and recurrence. This session will help caregivers describe a sore and the stage it is in, along with how to assess the risks and address the sore.
Presenter: Kathy Lewis RN - Director of Clinical Education
Grandview Pharmacy
Brownsburg, IN
**Session 14 – Art is Ageless**
The seminar will explore how to create an art therapy program in your facility that will enhance residents’ self-esteem, induce feelings of success, accomplishment and well-being. “Art is Ageless” explores the benefits of artistic projects for high-functioning residents, for the cognitive impaired and for one-to-one programs. In addition there will be an overview of simple tasks, painting projects and music for dementia residents along with hands-on demonstrations of art projects to prove any staff member can successfully teach, including non-artists.
*Presenter: Christy Bean*
*Activity Director*
*Middlesboro Nursing and Rehabilitation Facility*
*Middlesboro, KY*

**Session 15 – Pediatric Abusive Head Trauma, also known as “Shaken Baby Syndrome”**
(must attend both session 10 and session 15 to receive certificate of completion)
Recent legislation passed in Kentucky requires training on the recognition, intervention and prevention of Pediatric Abusive Head Trauma, or “Shaken Baby Syndrome.” This presentation will fulfill the training requirements mandated by House Bill 285. More importantly, this information may help you save a child’s life.
*Presenter: Erika G. Janes, RN, Coordinator*
*Safe Kids Louisville & Jefferson County, A program led by Kosair Children’s Hospital*
*Louisville, KY*

**Session 16 – When Injuries Speak: Forensic Investigation and Documentation of Abuse, Neglect, and Falls (part 2)**
Attendees will learn techniques for improving their forensic documentation, both written and photographic, of resident possible abuse and neglect related injuries. An overview of contributors to falls will be presented as well as techniques to differentiate and document witnessed falls from being found down. Basic forensic terminology will be presented in a format immediately useful. A series of instructive injury slides will be shown to demonstrate patterned injuries and injuries in various stages of healing. Attendees will learn techniques to train their staff to improve written and photographic documentation of resident injuries in the medical record that are objective and unbiased, thus protecting not only the resident but the facility.
*Presenter: Daniel J. Sheridan, PhD, RN, FNE-A, SANE-A, FAAN*
*Associate Professor*
*Johns Hopkins University, School of Nursing*
*Baltimore, MD*

**Session 17 – Find the Right Tools to Motivate Employees**
What really motivates employees? This course will provide insight into the traditional intrinsic and extrinsic motivators that drive employees. Internal and non-conventional methods utilized by various employers will be discussed. If you’re looking for a way to energize the new hires and veteran employees of your company, don’t miss this high powered presentation by this veteran public speaker.
*Presenter: Commissioner Rodney Brewer*
*Kentucky State Police*
*Frankfort, KY*

**Session 18 – Supporting Rehab RUG Levels Through Interdisciplinary Documentation**
This course focuses on improving interdisciplinary team documentation practices to meet or exceed the Medicare coverage guidelines for justification of rehabilitation skilled services. Specific documentation strategies and internal procedures will be reviewed to assist facilities in implementing consistent compliance in record keeping to support billed services. Preparation for effectively withstanding a complex review of claims by RAC and ZPIC or other review entities analyzing documentation to support Medicare Part A Rehab RUG level billing will be discussed.
*Presenter: Amie Martin, OTR/L*
*Lead Consultant, Director of Operations*
*Proactive Medical Review & Consulting, LLC*
*Evansville, IN*

**Session 19 – Avoidable Hospitalizations….Do you have a plan?**
In 2008, Medicare spent $450.5 billion providing care to 43 million Medicare beneficiaries. Part of the reason for this excessive cost is related to the fact that 1 in 5 patients are readmitted to the hospital from the nursing home within 30 days of the hospital discharge and when investigated over three-quarters were preventable. This was a cost of $17.4 billion. This education centers on what long term care needs to do to reduce the unnecessary transfer of residents when the treatment received at the hospital could have been administered in the nursing home and the transfer avoided and why it is important. The three key areas discussed in detail are managing acute condition change, communication, and quality improvement programs that can help.
*Presenter: Barbara Peterson RN, BSN, MPH*
*Risk Management Consultant*
*Risk Management Solutions*
*Columbus, OH*
Session 20 – The Power of One: Paint YOUR Picture of Quality  
Sponsored by: McKesson Corporation  
Quality is all about setting a standard of excellence for yourself and then achieving that standard with flying colors. Doing something with quality shows that you care and that the “status-quo” just isn’t good enough. In short, it’s about going the extra mile - something presenter Eddie Slowikowski knows a lot about.  
A world-class runner and professional speaker, Slowikowski has proven time and again that he sets the standard by finding new and innovative ways to create success. As an athlete, Eddie ran the mile in under 4 minutes, a feat he expounds upon for participants in a way that shows how they can create their own version of “success in under 4 minutes.” Through “you are there” storytelling and high-energy showmanship, Eddie shows participants what it means to be a role model, how to follow through on a vision from inception to achievement, and how positive energy can create quality for yourself and others. It’s time to go the extra mile to paint YOUR picture of quality.  
Presenter: Eddie Slowikowski  
Slowikowski & Associates  
Darien, IL

Session 21 – The ABCs of Dementia: What Every Caregiver Needs to Know  
This session will enhance a caregiver’s understanding of brain changes associated with normal aging, Alzheimer’s disease and other types of dementia and current treatments. Content will focus on symptoms associated with different types of dementia and briefly introduce behaviors caused by these brain changes and a positive way of starting interactions with these patients. There will be examples of behaviors and interactions of people with dementia and their symptoms, along with rational for using the positive approach at all times when working with a person with dementia.  
Presenter: M. Heather McKay, MS, OT/L  
Occupational Therapy and Dementia Care Program Manager  
Hospice and Palliative Care Center of Alamance-Caswell and Life Path Home Health  
Burlington, NC

Session 22 – Preventing a Tornado Disaster from Becoming a Facility-Wide Disaster  
On March 2, 2012, an EF-3 tornado hit West Liberty. This included the one long term care nursing facility in the county. Preparedness efforts paid off when half of the roof was destroyed, power generation was threatened, and access to communication and water were disrupted. Resources from the KY Department for Public Health (KDPH) were made available within a day, including an emergency generator and water supplies. KDPH is rolling out the new software system for long term care, WebEOC, over the next year so long term care providers can communicate their needs in a disaster. This includes available bed count in order to assist facilities needing to evacuate. This panel discussion will provide an overview of the facility’s tornado experience, the response from KDPH during the tornado and the new tools available to assist facilities when disaster strikes.  
Presenters:  
Betty Shiels  
Institutional Director of University of Louisville Geriatric Education Center, Kent School of Social Work  
Pam Burton, Administrator  
West Liberty Nursing and Rehabilitation  
Drew Chandler, Manager, IT Communications  
Kentucky Department of Public Health

Session 23 – Get the Picture on Beneficiary Notices  
Are you in danger of losing Medicare money by not providing the proper form to your patients when Medicare coverage is dropped or not provided? Skilled nursing facilities can and are being audited for the proper usage of beneficiary notices on file. This session will cover beneficiary notices including: ABN (CMS-R-131), SNFABN, denial letters, NEMB, and Generic and Detail Notices for the expedited review. When to use, who to send to, timing requirements, documentation requirements, and other issues around these notices will be discussed.  
Presenter: Carla S. Parker  
Hargis & Associates LLC  
Russellville, KY

Session 24 – Team Building: Making or Breaking Your Long Term Care Facility  
Success or failure in long term care is determined by multiple units of people and how they work together. If teamwork is the foundation of a facility, have we given our team players the fundamental tools of how to be part of a team? A true environment that embraces teamwork will experience lower staff turnover, burnout levels and a higher standard of care for the residents. Team Building: Making OR Breaking Your Long Term Care Facility will explore the fundamental tools of how to build a team, motivate a team and prevent conflict among caregivers.  
Presenter: Lori Shibinette RNC, BSN, NHA  
Nursing Home Administrator  
Director of Clinical Services  
Merrimack County Nursing Home  
Boscawen, NH
Education

Session 25 – Life Safety Code Training
This presentation provides an overview of the CMS Life Safety Code survey process as it relates to CMS certified long term care facilities and reference sources necessary for compliance. The presenter will use lecture, case examples and group discussion.

Presenter: Robert G. Andrew, II
Administrative Branch Manager
Office of Inspector General
Division of Health Care
Frankfort, KY

Thursday, November 15
1:30 P.M. - 2:30 P.M.

Session 26 – From Science to Solutions: Enhancing Understanding of Dementia and Creating Positive Outcomes
This session will introduce strategies to improve interactions and communication with people who have dementia, and to develop and implement daily plans that promote routines and reductions in behavioral problems. Caregivers will learn the value in how they speak to someone with dementia, and also the rationale behind good brain exercise.

Presenter: M. Heather McKay, MS, OT/L
Dementia Care Specialist
Occupational Therapy and Dementia Care Program Manager
Hospice and Palliative Care Center of Alamance-Caswell and Life Path Home Health
Burlington, NC

Session 27 – Best Practices in Dysphagia
This seminar is designed to provide participants with knowledge and understanding of current best practices in dysphagia management including identification techniques, evaluation options, and intervention strategies to reduce the risk of aspiration pneumonia, improve quality of life and ultimately achieve the highest quality of care for residents in long term care settings. This seminar, led by a licensed and certified SLP, will cover normal swallowing function; disordered swallowing (dysphagia); Instrumental evaluation options: FEES vs. MBSS; Safe swallowing guidelines; oral care programs; and free water protocols. Discussion of participants’ current and past experiences will be encouraged throughout and various multi-media examples will be provided to facilitate learning.

Presenter: Christa Lantz, SLP
Speech & Swallowing Specialists, LLC
Louisville, KY

Session 28 – Social Media in the Workplace: #canibesuedforthis?
As social networking has become an everyday phenomenon, employers must confront issues arising from their employees’ use (and misuse) of social media. Specifically, employers need to know why they should have a social networking policy and what should be in, and equally important, what should not be in, a social networking policy. Employers should be also aware of when it is appropriate to discipline an employee for his or her postings on social networks. This presentation will address these topics as well as the latest guidance from the National Labor Relations Board and cases concerning social networking issues. Fact scenarios from the NLRB memos and cases will be discussed to encourage questions and participation from the audience.

Presenter: Michelle Wyrick
Attorney
Wyatt Tarrant & Combs
Louisville, KY

Session 29 – The Life Story Project: An Engaging Multi-Step Program for the Young Adult and Cognitive Resident
The Life Story Project is a fun and engaging, resident-centered program that assists the resident in capturing their most important milestones throughout their life while giving them a sense of purpose, pride and self-worth. This program is designed to be directed by the resident with the assistance of the family and a facility team. The Life Story Project captures the most tender moments of the resident’s life while providing a forum for narration, storytelling and reminiscing through music. This seminar will take participants through the set-up of such a program in their facilities, resources required to complete, the benefits of the program for residents, families and staff and an in-depth look at the final product.

Presenter: Lori Shribinette RNC, BSN, NHA
Nursing Home Administrator
Director of Clinical Services
Merrimack County Nursing Home
Boscawen, NH
**Education**

**Session 30 – Zipping toward ZPIC (Zone Program Integrity Contracts) Audits**
This interactive session will identify the geographic zones that the audits will be done as well as their structure and purpose. These audits will be focused on improper payments for Medicare claims that have the potential for fraud implications or Medicare payment abuse. These audits will request unique information from not only the clinical record but the operational process in the skilled nursing facility. Human resources data, payroll information and policies directing services are also identified and reviewed. This session will teach building managers how to prepare for and react to the on-site audit activities with the discussion of the structure of the case review and case studies from audit activities that have been completed.

*Presenter: Leah Klusch, RN, BSN, FACHCA*
*The Alliance Training Center*
*Alliance, OH*

**THURSDAY, NOVEMBER 15**
**3:00 P.M. - 4:00 P.M.**

**Session 31 – Dementia Care in Middle Stages: Doing the Detective Work and Building Hands-on Skills**
This session will enhance caregivers’ understanding of dementia, its symptoms, and progression. Attendees will review, discuss, and demonstrate key aspects of behavior, awareness, and responses for each of five levels of cognitive loss and ability, use case examples in ADLs to review and highlight behaviors that are indicative of each level and use a tape of a mealtime setting to highlight various levels and behaviors combined with appropriate caregiver interventions.

*Presenter: M. Heather McKay, MS, OT/L*
*Dementia Care Specialist*
*Occupational Therapy and Dementia Care Program Manager*
*Hospice and Palliative Care Center of Alamance-Castwell and Life Path Home Health*
*Burlington, NC*

**Session 32 – Infection Prevention – A Clinical Perspective**
This infection prevention specialist shares her perspective on containing the spread of infection in the long term care setting.

*Presenter: Linda K. Goss, RN, APRN*
*Director of Infection Control and Vascular Access Specialist Team*
*University of Louisville Hospital*
*Louisville, Kentucky*

**Session 33 – F371: Operating a Safe/Sanitary Dietary Department**
This energetic “Hands On” training will provide the participants with updated information as it relates to one of the most frequently cited F Tags - F371!!! The participants will walk through the common citation examples, regulatory guidelines and surveyor investigative protocols as it relates to F371. Operational strategies, quality assurance tools and policies are some of the deliverables the attendees will receive during this enlightening training.

*Presenter: Mancha Anthony*
*Food Services Consultant*
*Martha Gregory & Associates, Inc.*
*Louisville, KY*

**Session 34 – Understanding Problematic Behaviors in the Young Adult Population**
The young adult population brings a unique set of problems to long term care providers. These young adults do not fit our “standard” population as most have experienced a traumatic event in their life or have dealt with chronic disease. These physical ailments provide a physical primary diagnosis; but many facilities fail to identify a secondary but very prevalent mental health diagnosis. This program will identify the most common underlying mental health/emotional issues this population brings to our facilities as secondary diagnoses. We will identify which problems can be adequately cared for in the long term care setting and which problems stretch our ability to “meet the needs” as required by federal regulations. Specifically, the following behaviors/problems will be addressed on a treatment level and an admission exclusion level: illegal drug and alcohol addiction, prescription drug-seeking behavior, manipulation of staff, personality disorders, controlling behaviors, criminal behaviors and unhealthy food choices (bariatric residents.)

*Presenter: Lori Shibinette RNC, BSN, NHA*
*Nursing Home Administrator*
*Director of Clinical Services*
*Merrimack County Nursing Home*
*Boscawen, NH*

**Session 35 – Zipping toward ZPIC (Zone Program Integrity Contracts) - Audits**
This interactive session will identify the geographic zones that the audits will be done as well as their structure and purpose. These audits will be focused on improper payments for Medicare claims that have the potential for fraud implications or Medicare payment abuse. This audit is very different from other audits facilities have had from the Medicare program and will be much more specific to services and claims as they show patterns of fraud or improper billing. This session will teach building managers how to prepare for and react to the on-site audit activities with the discussion of the structure of the case review and case studies from audit activities that have been completed.

*Presenter: Leah Klusch, RN, BSN, FACHCA*
*The Alliance Training Center*
*Alliance, OH*